ASCEND-U



LEVEL 3
SCHEDULE

January 2027 - April 2027

all times below are GMT+8, i.e. HKT/SGT/CST/MYT

M5

11:30 AM - 01:30 PM	January 16,2027	Virtual Workshop M5a
01:30 PM - 03:30 PM	January 16,2027	Virtual Workshop M5b
11:30 AM - 01:30 PM	January 23,2027	Virtual Workshop M5c
01:30 PM - 03:30 PM	January 23,2027	Virtual Workshop M5d
11:30 AM - 01:30 PM	January 30,2027	Virtual Workshop M5e
01:30 PM - 03:30 PM	January 30,2027	Virtual Workshop M5f

Other Elements: 1 Supervised Practice Session, 1 Moderated Peer Coaching Session, 4 hours of Peer Coaching, 4 hours of Non-Peer Coaching, 1 ICF Group Mentoring Session, 1 Book Review

M6

11:30 AM - 01:30 PM	March 06, 2027	Virtual Workshop M6a
01:30 PM - 03:30 PM	March 06, 2027	Virtual Workshop M6b
11:30 AM - 01:30 PM	March 13, 2027	Virtual Workshop M6c
01:30 PM - 03:30 PM	March 13, 2027	Virtual Workshop M6d
11:30 AM - 01:30 PM	March 20, 2027	Virtual Workshop M6c
01:30 PM - 03:30 PM	March 20, 2027	Virtual Workshop M6d

Other Elements: 1 Supervised Practice Session, 1 Moderated Peer Coaching Session, 4 hours of Peer Coaching, 4 hours of Non-Peer Coaching, 3 ICF Group Mentoring Session (2hrs each), 3 x 1:1 ICF Mentoring Sessions (1hr each)