ASCEND-U



LEVEL 1
SCHEDULE

February 2027 - May 2026

all times below are GMT+8, i.e. HKT/SGT/CST/MYT

M1

11:30 AM - 01:30 PM	February 27, 2027	Virtual Workshop M1a
01:30 PM - 03:30 PM	February 27, 2027	Virtual Workshop M1b
11:30 AM - 01:30 PM	March 06, 2027	Virtual Workshop M1c
01:30 PM - 03:30 PM	March 06, 2027	Virtual Workshop M1d
`11:30 AM - 01:30 PM	March 13, 2027	Virtual Workshop M1e
01:30 PM - 03:30 PM	March 13, 2027	Virtual Workshop M1f

Other Elements: 1 Supervised Practice Session, 1 Moderated Peer Coaching Session, 4 hours of Peer Coaching, 1 ICF Group Mentoring Session, 1 Book Review

M2

11:30 AM - 01:30 PM	April 03, 2027	Virtual Workshop M2a
01:30 PM - 03:30 PM	April 03, 2027	Virtual Workshop M2b
11:30 AM - 01:30 PM	April 10, 2027	Virtual Workshop M2c
01:30 PM - 03:30 PM	April 10, 2027	Virtual Workshop M2d

Other Elements: 1 Supervised Practice Session, 1 Moderated Peer Coaching Session, 6 hours of Non-Peer Coaching, 1 ICF Group Mentoring Session, 1 Coaching Practice Review