ASCEND-U



LEVEL 1
SCHEDULE

January 2027 - April 2027

all times below are GMT+8, i.e. HKT/SGT/CST/MYT

M1

05:00 PM - 07:00 PM	January 19, 2027	Virtual Workshop M1a
05:00 PM - 07:00 PM	January 20, 2027	Virtual Workshop M1b
05:00 PM - 07:00 PM	January 21, 2027	Virtual Workshop M1c
05:00 PM - 07:00 PM	January 26, 2027	Virtual Workshop M1d
05:00 PM - 07:00 PM	January 27, 2027	Virtual Workshop M1e
05:00 PM - 07:00 PM	January 28, 2027	Virtual Workshop M1f

Other Elements: 1 Supervised Practice Session, 1 Moderated Peer Coaching Session, 4 hours of Peer Coaching, 1 ICF Group Mentoring Session, 1 Book Review

M2

05:00 PM - 07:00 PM	February 23, 2027	Virtual Workshop M2a
05:00 PM - 07:00 PM	February 25, 2027	Virtual Workshop M2b
05:00 PM - 07:00 PM	March 02, 2027	Virtual Workshop M2c
05:00 PM - 07:00 PM	March 04, 2027	Virtual Workshop M2d

Other Elements: 1 Supervised Practice Session, 1 Moderated Peer Coaching Session, 6 hours of Non-Peer Coaching, 1 ICF Group Mentoring Session, 1 Coaching Practice Review